



Love the trails?

Help us maintain them by donating to Prickly Pear Land Trust!

Visit pricklypearlt.org today.



Helena has some of the friendliest and happiest trails around. Help us keep it that way.

- Greet those you pass.
- Let others know how many bikers are in your group.
- Ride in control.

AND SMILE! You get to play on the trails today!



2017 Trail Rider by Bike Helena

The Trail Rider is a FREE community shuttle to help mountain bikers, runners and hikers explore the full expanse of the South Hills Trails.

Inclement weather and road construction may result in Trail Rider cancellations or schedule changes. No pets on the Trail Rider.

Updates can be found facebook.com/BikeHelena.



	Wednesday	Thursday	Friday	Saturday	Sunday
May and June	Women's Mural pickup 5:45pm and 6:30pm* to Helena Ridge	Women's Mural pickup 5:45pm and 6:30pm to 2006 Trailhead/ Arrowroot Drive	Women's Mural pickup 6:00am and 6:45am* to Helena Ridge, Sponsored by Blue Cross Blue Shield of Montana 5:45pm and 6:30pm* to Helena Ridge	Women's Mural pickup 8:45am, 9:30am, 10:15am* to Helena Ridge	Women's Mural pickup 8:45am, 9:30am, 10:15am* to Helena Ridge
July and August	Women's Mural pickup 5:45pm and 6:30pm* to Helena Ridge	Women's Mural pickup 5:45pm and 6:30pm to 2006 Trailhead/ Arrowroot Drive	Women's Mural pickup 6:00am and 6:45am* to Helena Ridge, Sponsored by Blue Cross Blue Shield of Montana 5:45pm and 6:30pm* to Helena Ridge	Women's Mural pickup 8:00am, 8:45am, 9:30am, 10:15am* to Helena Ridge	Rimini Road pickup 9:30am and 10:15am to MacDonald Pass of Continental Divide Trail
September	Women's Mural pickup 5:15pm and 6:00pm* to Helena Ridge	Women's Mural pickup 5:15pm and 6:00pm to 2006 Trailhead/ Arrowroot Drive	Women's Mural pickup 5:15pm and 6:00pm* to Helena Ridge	Women's Mural pickup 8:45am, 9:30am, 10:15am* to Helena Ridge	Rimini Road pickup 9:30am and 10:15am to MacDonald Pass of Continental Divide Trail

Pick up at Women's Mural in Downtown Helena (Broadway and Park Ave). MacDonald Pass pick up at North side of Hwy 12 of Rimini Road/Priest Pass Road.

* Each day the shuttle runs to Helena Ridge the last shuttle of the day will include an optional drop off at Waterline/Barking Dog. Stay on the bus after the Helena Ridge drop off and the bus will stop at the Waterline/Barking Dog.



Spring Shuttle Fest: May 19-21 Summer Shuttle Fest: May 11-13

Shuttle Fests sponsored by Keller Williams Capital Realty and Lewis & Clark Brewing Company.

See BikeHelena.com for complete Shuttle Fest Schedule.

